

POST TRAUMATIC STRESS DISORDER

Post traumatic stress disorder after pregnancy and childbirth frequently is related to an emergency operative delivery. Often the person delivering the baby has only just met the woman concerned.

A consultation with a Specialist Obstetrician can provide a realistic assessment of the likelihood of a recurrence of the previous obstetric situation.

Booking with a Private Specialist Obstetrician allows true continuity of care and a prior discussion of all available options regarding the birth of the baby, from a normal delivery to a elective caesarean section. Even if there are complications the Private Specialist is still involved and can deliver your baby. The specialist will also see you daily after the delivery of your baby whilst in hospital and perform a six week postnatal check, in which any final questions regarding the birth can be answered.

I would recommend that every woman suffering from Post Traumatic Stress Disorder and contemplating another child should consult with an Obstetric Specialist to discuss their next birth.

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