

## Recruitment Advertisement

### Mothers' Experiences of Posttraumatic Growth after Their Traumatic Childbirth

In order to help clinicians provide better care to mothers who have experienced a traumatic childbirth Cheryl Beck (Professor at the University of Connecticut) and Sue Watson (Chairperson of TABS) are now conducting a research study on posttraumatic growth. Posttraumatic growth is a term used to describe positive changes in a person's beliefs or life which can result from struggles with a highly challenging life event, in this case, birth trauma. Women who have experienced any positive changes in their life after their traumatic childbirth are invited to participate in this research study. In order to participate women need to be 18 years of age or older and be able to read and write English.

Just like Professor Beck's previous studies on birth trauma and posttraumatic stress disorder (PTSD) after childbirth, this study will be conducted over the Internet. The topic of this study is posttraumatic growth following a traumatic childbirth. Mothers will be asked to describe their experiences of positive changes in their life as a result of their traumatic childbirth.

If you are interested in participating in this research or wish to find out more about the study, please contact Professor Beck directly at the University of Connecticut. Her email address is [Cheryl.beck@uconn.edu](mailto:Cheryl.beck@uconn.edu)

