## **Recruitment Notice**

## **Traumatic Childbirth and its Aftermath**

In order to help clinicians provide better care to mothers who have experienced a traumatic childbirth Dr. Cheryl Beck (Professor at the University of Connecticut) and Sue Watson (Chairperson of TABS) are now conducting a research study on birth trauma and its consequences. Mothers' posttraumatic stress they are experiencing and any positive changes in their lives due to their struggles with their birth trauma are the focus of this study. Women who have experienced a traumatic childbirth are invited to participate in this survey. In order to participate women need to be 18 years of age or older and be able to read and write English. The study will be conducted over the Internet using Survey Monkey. To learn more about this research you can contact Cheryl Beck at Cheryl.beck@.uconn.edu.

If you agree to take part in this survey you will be asked to complete (1) the Posttraumatic Stress Symptom Survey which asks you to rate the frequency and intensity of posttraumatic stress symptoms you may be experiencing, (2) the Core Beliefs Inventory which asked you to rate the degree that you have examined your beliefs as a result of struggling with your traumatic childbirth, and (3) the Posttraumatic Growth Inventory which asks you to rate the degree to which you have had any positive changes in aspects of your life as you struggled with your traumatic childbirth. These questionnaires should take approximately 15-20 minutes to complete. Participation will be anonymous.

If you are interested in participating in this research or wish to find out more about the study, please click on this Survey Monkey link

https://www.surveymonkey.com/r/traumatic\_childbirth\_and\_its\_aftermath